

SIRAMARTI PUBLISHING

*LIGHT  
HEALERS  
CATALOGUE*

2022 EDITION

WWW.REACHPOTENTIAL.AU

## About Light Healing with Siramarti Visualisations

If you are drawn to this document, you will likely be aware of the magical power of energetic healing through practices like Tai chi, qigong, yoga, reiki or hands-on healing. When you choose to use the techniques listed in the Catalogue, you will also be an actively engaged lover of Earth.

Maybe you are a person who is already working practically to repair and heal Earth and/or humanity directly. If so, we salute you. Our work is intended to support you.

New to World Light Healing? We recommend you check out the Frequently Asked Questions about Siramarti Light Healing featured on our home page at [www.reachpotential.com.au](http://www.reachpotential.com.au)

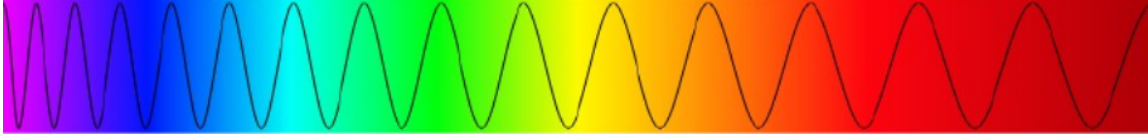
The visualisations here are drawn from the Siramarti Personal Growth Process.\* Light Healing with the Siramarti visualisations does not replace direct action, but the visualisations provide the focused intentional energy essential to creating, enhancing, and expanding all kinds of world healing at a practical level.

In choosing to practise Light Healing, you are giving a subtle but potent gift of Love to Earth in return for the joy, inspiration or healing she gives you. We feel sure that you agree with us that Gaia deserves it.

When Light Healers come together in a group practice, their energies synergise to give extra power to healing. Join the World Light Healing Group each Wednesday.  
<https://www.facebook.com/profile.php?id=100084498007328>

With love and blessings  
Suzie St George and Fiona McDougall

\*To read more about the Process, check out the free PDF that you will find on <https://www.reachpotential.com.au/freebies/useful-pdfs>



## Light Healers Catalogue 2022

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Reach Potential Light Healing visualisations are designed to enhance and strengthen the power of your work as a Light Healer during the years in which the healing and repair of humanity, and the planet itself, is necessary. They cover many areas of concern as the titles in this Catalogue indicate.

Instructions for each visualisation below may be accessed through annual subscription to the Reach Potential Light Healers Membership.

<https://www.reachpotential.com.au/knowledge/light-healers-group> .

The visualisations are best used when you have an immediate healing concern, but we recommend that you explore those indicated as Light Healer training on the Membership site. Identify that topic and then proceed as described below.

How to choose the technique that will most suit the healing you want to give:

1. Look at the range of colours from red through to violet in the colour spectrum above to familiarise yourself with them.
2. Close your eyes. Think of the concern for community or the natural world that you in distresses you in the present. Open your eyes. Notice which colour attracts your attention right now.
3. Go to the visualisations listed below under the selected colour. Keeping in mind the situation, select the technique that draws your attention. That visual is the one to use.

This list has been updated to the end of 2022. However, we continue to post extra techniques in Light Healers Membership if the needs of the time require them.

If you have questions or comments about the techniques, go to the World Light Healers Facebook page where you can post on the thread.

<https://www.facebook.com/profile.php?id=100084498007328>

## RED

Animal healing (two techniques)  
Distance healing for planet Earth  
Ending the negative ego fantasy of doom (Healers' edition)  
Healing plants  
Healing that which is broken  
Restoring damaged earth with healing waters  
Willingness to affect group consensus energy

## ORANGE

Anchoring the Light  
Cleansing environments of emotional disharmony  
Exploring your uniqueness as a Light Healer  
Gifting the world with your dream  
Identifying the powers in your healing tool kit  
The dance of healing  
The Inner Garden of Serenity and Well-Being (Healers' Edition)

## YELLOW

A simple healing for water in the body  
Handing over to Spirit (Healers' edition)  
Healing nature by balancing extremes  
Healing the heart of a place, town or country  
Magic ball of healing light (Healers' edition)  
Visualisation to channel gratitude

## GREEN

Bringing concern for the environment & animals to governments and big business  
Calming the inner and outer worlds  
Clearing the paths to positive change  
Emotional healing using water  
Healing hands practice  
Helping to stabilise Earth  
Infusing the world with heart wisdom  
Revitalising air  
Rubber boots: Essential protection for healers  
Visualisation for using mass conscious Love at Christmas for world healing

## BLUE

Bringing emotional calm to those close to you  
Deep and slow Earth healing  
Healing planet Earth with your self-valuing hands  
Healing the foundations of life for those you love  
Increasing your unique ability to heal the natural world  
Inner garden of serenity and well-being

Log Cabin protection from mass crisis energy (Healers' edition)  
World healing for the solstice and equinox

**VIOLET**

Balanced protection of the environment or issues you care about (advanced)  
Disentangling with Love  
Healing air  
Energetic stability tonic  
Healing the Earth's oceans, rivers and lakes  
Healing water (advanced)  
Simplicity of self as a gift to be explored (end)

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